

# RESOURCES FOR BUILDING CREATIVITY INTO MENTORING PROGRAMS

---

## Examples of Creativity-based Mentoring Programs

These programs can help you see the many possibilities of infusing creative activities into mentoring. Most of these are community-based, though some also work with youth in residential programs. Even if your program is not looking to develop a program immersed in the creative arts, there are many activities and approaches here that you can learn from.

### **First Exposures, SF Camerawork** (*photography program*)

San Francisco, CA

[http://www.sfcamerawork.org/education/first\\_exposures/index.php](http://www.sfcamerawork.org/education/first_exposures/index.php)

### **Create Now!** (*creative expression*)

Los Angeles, CA

<http://www.createnow.org/about>

### **Each One Reach One** (*writing/arts for incarcerated youth*)

South San Francisco, CA

[www.eoro.org](http://www.eoro.org)

### **Space of Her Own (SOHO)** (*arts/design program*)

Alexandria, VA

<http://www3.alexandriava.gov/soho/index.html>

### **Portable Vision** (*arts program*)

St. Cloud MN

<http://www.portablevision.org/pvFiles/about.html>

### **Mentor Arts** (*arts program*)

Burlington VT

<http://www.burlingtoncityarts.com/programs/mentorarts/>

### **p:ear** (*arts/education for homeless youth*)

Portland, OR

<http://www.pearmentor.org/home.html>

### **Art with Heart**, Healing Kids through Creativity (*arts/health program*)

Seattle, WA

<http://artwithheart.org/>

### **Needle Arts Mentoring Program** (*check out their replication guide*)

Zanesville, OH

<http://www.needleartsmentoring.org/>

## Other Useful Links from Web Seminar

**The Search Institute** Web site includes information about the Developmental Assets as well as a host of books and other resources for mentoring programs dedicated to providing developmental activities for matches. <http://www.search-institute.org/>

**The Sunday Magazine Podcast on Bay Area Mentoring** Sarah Kremer played during the webinar can be accessed at Radio Alice: <http://podcast.radioalice.com/klc/1573396.mp3>

## Online and Print Resources for Creative Activities

*Chill and Spill*, a guided journal for teens, *Magnificent*, *Marvelous Me* for siblings of ill or special needs children, and *Oodles of Doodles*, an activity book based in art therapy for children who are hospitalized, are all published by **Art With Heart**.

<http://artwithheart.org/books/>

*Anti-Coloring Books*, by Susan Striker, are fun and easy to use activity books for elementary school age children. The author's website describes each book and also has sample pages you can print and try out for free. <http://www.susanstriker.com/anticoloring.html>

*The New Drawing on the Right Side of the Brain*, by Betty Edwards. This second revised edition of this classic and widely used drawing instruction book is available through amazon.com, but be sure to visit the author's Web site for other useful resources.

[www.drawright.com/](http://www.drawright.com/)

*Scribbles: A Really Giant Drawing and Coloring Book*, by Artist Taro Gomi, is just one of her activity books for children of various age ranges. Other titles include: *Doodles: A Really Giant Coloring and Doodling Book*; *Doodle All Year*; and *The Doodle Book: Draw! Colour! Create!* All are available at major online and retail stores.

*Mentoring Journal* and *Academic Activity Guide* from Friends for Youth offer a wealth of projects and activities for mentors and mentees to do together. For details, go to: <http://www.friendsforyouth.org/MIProducts.html>. You can also preview these by checking them out of the MRC Mentoring Library. To access the library, go to [http://www.edmentoring.org/lending\\_library.html](http://www.edmentoring.org/lending_library.html) and type in the name of the book you are seeking.

## Resources for Arts Education Issues, Policy, Research, and Advocacy

**The Arts Education Partnership** provides information and communication about current and emerging arts education policies, issues, and activities at the national, state, and local levels. This is a good resource for grant writers and arts advocates in need of facts, research, or powerful messages about the benefits of the arts in education and youth development programs. [www.aep-arts.org](http://www.aep-arts.org)

**Americans for the Arts** is dedicated to representing and serving local communities and creating opportunities for every American to participate in and appreciate all forms of the arts. Its Web site includes information about recent news, advocacy efforts, partnerships, links to other organizations both local and national, and a bookstore.

[www.AmericansfortheArts.org](http://www.AmericansfortheArts.org)

## More Resources!

The accompanying handout, **MRC PubHub27**, highlights a number of additional resources for using the arts in mentoring programs.

---