

Strategies for Responding to Bullying and Harassment From Students' Points of View

Most Helpful Adult Responses

Gave me advice
Checked in to see if I was okay
Increased adult supervision
Punished the student who bullied me
Listened to me

Least Helpful Adult Responses

Ignored the situation
Told me to act differently
Told me to solve it myself
Told me to stop tattling
Acted like I was starting trouble
Made situation worse

Effective Parent/Community Responses

Intervene immediately
Talk to youth about behaviors
Name the behaviors you see
Talk about appropriate ways to handle conflict
Talk about following rules/expectations
Talk to your school counselor if your child is the bully or victim

What Schools Should Do

Intervene immediately
Document student reports
Investigate the problem
Increase supervision and monitoring
Teach children alternative ways to manage situations, without violence
Avoid confrontations with the other child, parents, and school staff